

# COMMUNITY AND PUBLIC HEALTH CARE SPECIALTIES

The Health Care Professional (HCP) is responsible for helping patients and families to navigate and access community services, other resources, and adopt healthy behaviors. The HCP supports providers and Case Managers through an integrated approach to care management and community outreach. NCC's Center for Workforce Development is offering Community and Public Health Specialties which focus on a specific area of health care, or a group of patients, to manage and prevent conditions. These specialties are only offered to Health Care professionals such as Doctors, Nurses, LPNs, CNAs, MAs, PCTs, Community Health Workers, LSWs and Case Managers.

## CHRONIC DISEASES

The Health Worker (HW) will be presented with chronic conditions which require ongoing medical attention, conditions that limit activities of daily living or both, as well as some of the risk behaviors associated with these conditions. As chronic diseases such as heart disease, cancer, and diabetes are the leading causes of death and disability in the United States, this course is designed to prepare health care professionals to help close the gap of inequity as it relates to this area. This is a non-credit course.

**CE1 292 A1 ON-CAMPUS COURSE** Meets:

Monday and Wednesday, 6:00pm-8:40pm and Saturday, 9:00am-2:00pm

September 13 – November 20 (No class September 25, November 11)

**Fee: \$1,498**

## INFANT CARE AND HEALTH, AND MATERNAL HEALTH

This course is offered in conjunction with the Health, Physical Education and Recreation Department and has two components: a three-credit course (HED203) as well as a non-credit component.

The course introduces cognitive, physical and socio-emotional development of children from birth through 36 months. Students will learn appropriate, inclusive, and respectful care practices, including Sudden Infant Death Syndrome (SIDS), Shaken Baby Syndrome, immunizations and pediatric doctor visits, nutrition, infant CPR, accident prevention, childhood diseases, cognitive and physical development, community resources and early intervention programs for diagnosed/noticed developmental delays.

This course also provides training and leadership in the promotion of women's health and infant health before, during, and after pregnancy. It is designed to address issues facing the Maternal and Infant populations as they relate to reducing disease and death among mothers and babies, with special attention to reducing racial and ethnic differences in these health outcomes.

NCC procedures for credit courses apply, e.g., admissions process for credit courses. Complete the registration form by **August 24** indicating intent to register for this course.

**CE1 293 A1 ON-CAMPUS COURSE** Meets:

Tuesday and Thursday, 5:30pm-8:20pm and Saturday 9:00am-2:00pm

September 5 – October 28 (no classes 9/16)

**Fee: \$1,498**