

Free Training Program!

# COMMUNITY MENTAL HEALTH WORKER

Train to Become a  
Community Mental Health Worker  
in Just 5 Months!



Community Mental Health Worker (CMHW) Program is a multi-faceted program, that is based on the wellness and recovery model in mental health. The curriculum is designed to train a diverse group of front-line health workers to provide culturally responsive mental health and recovery services in the community. It is comprised of courses that promote the development of skills needed to become gainfully employed as a mental health worker and enhance the knowledge base of those already employed. As part of your education, you will complete a field internship with local agencies and institutions, serving consumers of mental health services and family members. The CMHW will provide community-based management for people who have serious, long-standing, mental health difficulties. CMHWs may work with targeted client populations, based on the employee's skills and experience. Students may apply for the Scholarships to help with tuition, supplies, transportation, and child care.

The CMHW Program prepares graduates to help other as they face moments of difficulty and challenge, which may lead to stress and affect one's mental wellness and quality of life. If you are interested in helping people or learning about a field of study that will prepare you for entry-level positions in behavioral and mental health, the Community Mental Health Certificate Program is the place for you.

### What is a Community Mental Health Worker?

*"...working closely with medical providers, Psychologist, Psychiatrist and social services agencies to help provide short term care coordination and connection to resources and support"*

**Date:** September, 2023 to March, 2024, Mondays and Wednesdays, 10:00am-3:30pm, Fridays, 10:00am-2:30pm

**Location:** Hybrid (On-Campus and Synchronous Online via Zoom)

### Program Information:

- Earn Six College Credits
  - HMS 200 (Human Service Skills) 3cr
  - HMS 205 (Internship) 3cr
- CMH Fundamentals
- Six Additional Certifications
- Computer Literacy
- Employability Sessions
- CPR and First-Aid
- National Alliance on Mental Illness (NAMI) Certifications
- Epilepsy Recognition and First-Aid
- Narcan Administration Certification
- Mental Health First-Aid
- Suicide Prevention

### Minimum Requirements:

- 18 Years of age or older
- High school diploma or equivalent required
- Basic computer skills
- Valid New York driver's license
- Proven eligibility to work in the U.S.
- Interest in mental health and human service related work
- Able to pass a drug screening
- Desire to help and support the psychological and emotional well-being of individuals living with mental illness and other social problems
- Must be Unemployed or Underemployed if you are seeking a tuition-free scholarship

Follow us on Instagram and Facebook @nassaucommunitycollege

(Rev. 6/23)



For further information, please visit  
[ncc.edu/workforcedevelopment](http://ncc.edu/workforcedevelopment)

**CENTER FOR WORKFORCE DEVELOPMENT**  
Phone: 516.572.7487 x25224  
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# Take a step toward broader career opportunities, higher wages, a rewarding profession in health care and economic self-sufficiency!

Register today to attend an orientation session to learn more about becoming a Community Mental Health Worker. Seating is limited.

**Orientation 1:**  
**Tuesday, July 11<sup>th</sup>, 2023**  
11:30am to 1:00pm  
Tower, 11<sup>th</sup> Floor

**Orientation 2:**  
**Thursday, July 27<sup>th</sup>, 2023**  
12:00pm to 1:30pm  
Tower, 11<sup>th</sup> Floor

**Orientation 3:**  
**Friday, August 11<sup>th</sup>, 2023**  
3:00pm to 4:30pm  
Tower, 11<sup>th</sup> Floor

To RSVP or further information, please contact:

**Menad Nafa**  
Menad.Nafa@ncc.edu  
516.572.7487 x25224

**Naheed Khan, Ph.D. Candidate**  
Acting Assistant Dean,  
Center for Workforce Development  
Naheed.Khan@ncc.edu  
516.572.7489

### Fee Options:

- Full Scholarships for those who are eligible. Call to inquire!
- Paying students should call to inquire!

### Many Roles Under One Umbrella of Community Mental Health Worker

- Mental Health Adviser
- Community Mental Health Representative
- Family Mental Health Advocate
- Community Mental Health Educator
- Outreach Worker
- Community Coordinator
- Client/Community Educator

*Employers of Community Mental Health Workers include hospitals, clinics, human service agencies and advocacy non-profits.*

*According to NYS Department of Labor, the Community Mental Health Worker Median Wage on Long Island is \$25.49 hourly, \$48,949 annual*

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