

PERSONAL ENRICHMENT

Participation in Zoom workshops requires the use of a device with Zoom audio/video conferencing capability.
For questions regarding computer access, please email ced@ncc.edu

WRITERS WRITE: PERSONAL JOURNALING

This workshop is for those with the desire to put pen to paper! Together we will spark your literary talents and inclinations to discover who you are as a writer. Whether you have never written a thing in your life or need a push to start that novel, this course will be beneficial. Besides having an amazing time, there's only one guarantee: you're going to write (because that's what writers do)!

Instructor: Gregory Cioffi
CE9 692 C1 ON-CAMPUS COURSE Meets: Monday, 8:00pm-10:00pm.
Starts June 5 for 6 sessions.
Fee: \$200

POETRY WORKSHOP

Poetry is a creative art that allows us to share our life with others. All writers can benefit from the practice of poetry. Through inclass writing exercises designed to generate ideas and develop drafts, students will write the poems that will later be shared with the group for critique and encouragement. Literary publications and submission process will also be discussed.

Instructor: Gregory Cioffi
CE9 432 C1 ON-CAMPUS COURSE Meets: Monday, 6:00pm-8:00pm.
Starts June 5 for 6 sessions.
Fee: \$200

SEWING BASICS

Don't be afraid of your sewing machine! In this class, you will learn how to thread the machine, wind a bobbin, sew simple stitches, and do basic machine maintenance. We will discuss different fabrics, their uses, how they're sold, and how and where to buy them. Learn how to layout and adjust patterns. We will sew on test fabric, which will be provided. By the last two sessions, we will complete an apron and a reusable shopping bag. Please bring your own sewing machine to class. **Please familiarize yourself with the basic operations of your sewing machine, and read the manual before registering for this class.** A supply list will be provided prior to the start of class. Material Expenses: \$15 approx. payable that day of class.

Instructor: Julia Schilling
CE9 690 C1 ON-CAMPUS COURSE Meets: Monday, 7:00pm-9:00pm.
Starts June 5 for 4 sessions.
Fee: \$120

SEWING FOR THE HOME

Learn creative ways to spruce up your home. Sewing for the home is economical, practical, and allows you to create your own personal style. Create pillow shams, fabric containers, dish towels, 'no paper' towels, reusable mop pads, sheets, and simple curtains. This is an intermediate-level class, requires expanded skills. Please bring your sewing machine to class. The first class requires 1 yard each of cotton flannel (any color) and 1 yard of terry cloth (or a bath towel - used is fine). A supply list will be provided prior to the start of class. **Please familiarize yourself with the basic operations of your sewing machine, and read the manual before registering for this class.**

Material Expenses: \$25 approx. payable that day of class.
Instructor: Julia Schilling
CE9 767 C1 ON-CAMPUS COURSE Meets: Thursday, 7:00pm-9:00pm.
Starts June 8 for 6 sessions.
Fee: \$200



INTRODUCTION TO TEE SHIRT QUILTING

A number one requested item, tee shirt quilts are easy to put together. If you can use a sewing machine, you can make a tee shirt quilt. Bring 6 or more tee shirts to the first class (used, and washed! is fine). The first class we will lay out and design what

you would like your quilt to look like and how big you would like to make it. We will go over the various fabrics which can be used to back the quilt, you will back, bind, and quilt your own work. Sewing machine not necessary for the first night of class. **Please bring your sewing machine to class when it is required. Familiarize yourself with the basic operations of your sewing machine, and read the manual before registering for this class. Also bring to first class scissors and at least 6 tee shirts - more is fine!**

Material Expenses: \$5 approx. payable that day of class.
Instructor: Julia Schilling
CE9 788 C1 ON-CAMPUS COURSE Meets: Wednesday, 7:00pm-9:00pm.
Starts June 7 for 6 sessions.
Fee: \$200

INTERMEDIATE GUITAR

This is the course for the person who's been playing for a while and wants to take their skills to the next level. Classes cover an overview of advanced guitar techniques and theory. You'll come away with an understanding of jazz, blues, improvisation, advanced finger style techniques, and song structure. Work at your own pace with a professional musician who has experience teaching at the college level. **Be sure to bring your guitar, a music stand, and the required book to each class. Book required: Alfred's Basic Guitar Method Book 1.**

Instructor: Thomas Rizzuto
CE9 494 C1 ON-CAMPUS COURSE Meets: Wednesday, 6:30pm-8:00pm.
Starts June 7 for 10 sessions.
Fee: \$200



BIG BOLD REDS

Increasingly rising in popularity, Big Bold Reds are so in vogue! Whether it's a Cabernet Sauvignon or a blend of other varieties, this is the current fashion. Learn what makes them so full of flavor, how best to drink them and what to drink them with! I am sure you will taste some new favorites! **Please bring two tasting glasses to class. Participants must be 21 years of age or older to register for this course.**

ONE-DAY WORKSHOP.
Instructor: Carol Lopicich
CE9 793 C1 ON-CAMPUS COURSE Meets: Thursday, June 29, 7:00pm-9:00pm.
Fee: \$100



ORGANIC, BIODYNAMIC AND NATURAL WINES

We are so interested in what we eat and drink, so naturally we shift our focus to natural wine, organic wine and biodynamic wines. As confusing as picking the healthiest foods are, wine can even be more so! Learn about what it means to be Biodynamic or Organic if you are a wine. Wines from small production vineyards, wine makers with integrity, and lower intervention wine. **Please bring two tasting glasses to class. Participants must be 21 years of age or older to register for this course.**

ONE-DAY WORKSHOP.
Instructor: Carol Lopicich
CE9 794 C1 ON-CAMPUS COURSE Meets: Thursday, July 13, 7:00pm-9:00pm.
Fee: \$100

HOME COOKING FOR YOUR DOG AND CAT

Species appropriate, fresh, and homemade is the best way to feed your pet! Learn how easy and affordable it is to make your own pet food and treats while creating a biologically appropriate diet for your dog or cat. The health benefits are numerous when dogs and cats eat a species appropriate diet. Most importantly, pet owners gain awareness of many common health issues our pets face: allergies, joint problems, obesity, digestive upset, and behavior issues.

ONE DAY WORKSHOP.
Instructor: Christine Filardi
CE9 587 C1 ON-CAMPUS COURSE Meets: Thursday, June 15, 6:30pm-8:30pm.
Fee: \$50



PARAPSYCHOLOGY 101: A SCIENTIFIC APPROACH TO PSYCHIC ABILITIES

Have you always wanted to know more about paranormal experiences? At our first meeting, we'll discuss this fascinating topic in terms of the latest scientific research and theories. At our second, we'll do several miniexperiments, with suggestions for exploring parapsychological phenomena further.

TWO-DAY WORKSHOP.
Instructor: Dr. Sally Ann Drucker is on the Rhine Research Center Board of Directors and a member of the Parapsychological Association
CE9 795 C1 ON-CAMPUS COURSE Meets: Monday June 5 and 12, 12:00pm-1:30pm.
CE9 795 C2 ON-CAMPUS COURSE Meets: Monday June 5 and 12, 5:30pm-7:00pm.
Fee: \$60



HISTORY OF HIP HOP CULTURE

This workshop introduces students to the major ideas, eras, themes, developments and turning points in the history of Hip Hop. Become immersed in Hip Hop culture from inception, and its connection to the African Diaspora. Examine the social, economic and political effects and contributions and how it has emerged as a global society.

Instructor: Cassandra Jackson
CE9 791 C1 ON-CAMPUS COURSE Meets: Tuesday, 6:30pm-8:30pm.
Starts June 6 for 3 sessions.
Fee: \$100



THE THREE B'S - BOB, BEATLES AND THE BYRDS: THE CREATION OF FOLK ROCK

Join us as we trace the creation of the folk-rock movement by analyzing the influence of Bob Dylan on the Beatles and the Beatles' effect on the electronic sound of the Byrds. Dylan's introspective lyrics brought a mature subject matter to the forefront of the Beatles' writing, yet the Beatles' twangy guitar sound bounced back to the United States and gave an electrical undercurrent to folk fused music of the Byrds. Trace the power of inspiration via lyrical analysis and clips of each artist in action.

ONE-DAY WORKSHOP.
Instructor: Keith J. Crocker
CE9 792 C1 ON-CAMPUS COURSE Meets: Monday August 7, 1:00pm-3:00pm.
Fee: \$50



FIND US ON FACEBOOK!
[facebook.com/nassaucommunitycollege](https://www.facebook.com/nassaucommunitycollege)

Please visit our website for a full course listing,
WWW.NCC.EDU/CONTINUINGEDUCATION

