



CONTINUING EDUCATION

WORKFORCE DEVELOPMENT AND LIFELONG LEARNING

Fall 2026 Course Listing

Online Registration Now Open!

Registration Deadline:
One Week Before Course Start Date



Registration for Lifelong Learning classes just got easier!

Lifelong Learning/Continuing Education students can select, register, and pay with a credit or debit card for the entire course fee online through the NCC Continuing Education registration portal OR by scanning the QR code OR using this link to access our website: <https://continuinged.ncc.edu/nassau>

Register early, as courses that do not meet enrollment minimums will be cancelled.

Continuing Education
NASSAU COMMUNITY COLLEGE



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Table of Contents

❖ ART	Pages 2 and 3
❖ BUSINESS SKILLS	Page 4
❖ COMPUTER WORKSHOPS	Pages 5 and 6
❖ CREATIVE WRITING.....	Page 8
❖ EXERCISE AND SPORTS	Pages 9 and 10
❖ FIRST AID / CPR.....	Page 10
❖ MICROSOFT WORKSHOPS	Pages 7 and 8
❖ PERSONAL INTEREST.....	Pages 12 and 13
❖ PET CARE	Page 11
❖ PHOTOGRAPY	Page 13
❖ REAL ESTATE.....	Page 14
❖ RETIREMENT COURSES	Page 15

ART

PAINT WITH ACRYLICS

Work with acrylic paints using many different techniques. Acrylics can be used as solid colors, or just add water for many different effects, landscapes, still life scenes, people, anything you want to paint can be done with acrylics! A supply list will be provided prior to the start of class.

Material Expenses: Approximately \$50

Meets: Saturdays, 10:00am-12:00pm

Starts: October 3 for 6 sessions

Fee: \$200

TECHNIQUES IN WATERCOLOR

In this class, you will see demonstrated all the "shop tricks" in watercolor painting. Students will learn to avoid common pitfalls and advance their abilities. Includes demonstration of color and design, wet on wet, and dry-brush techniques.

Each week three photos will be emailed to students who will be asked to choose their favorite and send in their vote. After all the votes come in, the week's project will be announced. Students are encouraged to send their photos for possible class projects. A supply list will be provided prior to the start of class.

Material Expenses: Approximately \$50

Meets: Saturdays, 10:00am-12:00pm

Starts: October 3 for 6 sessions

Fee: \$200

DRAWING FOR BEGINNER AND INTERMEDIATE LEVELS

This is a foundation course, touching on such primary matters as perspective, drawing aids, composition, and value. A supply list will be provided prior to the start of class.

Material Expenses: Approximately \$50

Meets: Monday, 6:30pm-8:30pm

Starts: September 28 for 6 sessions

Fee: \$200

DRAWING PORTRAITS

This class is designed for the novice as well as the practiced, delve into the fundamentals of drawing portraits! Learn how to achieve likeness and experience self-expression through the art of portraiture. Study the structure of the human head, practice measuring facial proportions, and model form using light and shadow. A supply list will be provided prior to the start of class.

Material Expenses: Approximately \$50

Meets: Wednesday, 6:30pm-8:30pm

Starts: October 14 for 6 sessions

Fee: \$200

CHUNKY BLANKET KNITTING

What better gift for any season than to create your very own chunky hand-crocheted blanket for a loved one or yourself? No prior crocheting/knitting experience needed nor needles! Create these cozy blankets with your own hands!

Materials: Bring 6 Skeins "Bernat Blanket Big Yarn" (purchased at Michael's and Amazon).

Section A1 Meets: Friday, 10:00am-12:00pm

Starts: October 2 for 4 sessions

Fee: \$100

Section A2 Meets: Saturday, 12:00pm-2:00pm

Starts: October 3 for 4 sessions

Fee: \$100

SEWING BASICS

Don't be afraid of your sewing machine! In this class, you will learn how to thread the machine, wind a bobbin, sew simple stitches, and do basic machine maintenance. We will discuss different fabrics, their uses, how they are sold, and how and where to buy them. Learn how to lay out and adjust patterns. We will sew on test fabric, which will be provided. By the last two sessions, we will complete an apron and a reusable shopping bag. Please bring your own sewing machine to class after familiarizing yourself with the basic operations of your sewing machine. A supply list will be provided prior to the start of class.

Material Expenses: Approximately \$15 payable on first day of class.

Meets: Mondays, 7:00pm-9:00pm

Starts: October 5 for 4 sessions

Fee: \$140

NEW

SEWING WITH WINTER KNITS

For those who already know their way around a bobbin and have tackled basic sewing skills, sewing with heavy weight knits will make you glad for the cold weather! This class will run for 6 sessions We will make a winter hat, and either mittens or an infinity scarf. We will then make a polar fleece zip up vest. **Please bring your own sewing machine to class (should be familiar with basic operation).** For the first class please bring one yard of fleece fabric (with stretch) and one yard of a light-to medium weight stretch knit in a coordinating color.

Meets: Thursdays, 7:00pm-9:00pm

Starts: September 24 for 6 sessions

Fee: \$200

HOLIDAY CRAFT WORKSHOP

Make this lovely no-sew, quilted holiday ornament in under 2 hours! This ornament Starts: as a styrofoam ball 3" in diameter, and with pins and bright holiday fabric, becomes this lovely ornament. Fabric and supplies for 2 ornaments will be provided. *No hot glue guns needed*. **ONE-DAY WORKSHOP.**

Material Expenses: \$10 payable at start of class.

Meets: Saturday, December 5, 10:00am-12:00pm

Fee: \$50

BUSINESS SKILLS

ICD-10-CM/PCS CODING

This course is an introduction to Diagnosis coding, ICD-10- CM (International Classification of Disease, 10th Ed.) The course will provide detailed lessons, accompanied by coding exercises, to broaden and reinforce your knowledge. Billing and reimbursement from Medicare and health insurance companies will be covered. The focus of this class is to learn how to assign an ICD-10 code based on a diagnosis statement, and completing coding exercises for reinforcement.

Book required: Principles of ICD-10-CM Coding, 3rd Ed., Deborah J. Glider; ISBN: 978-1-60359-948-1, AMA, publisher Coding Manual: ICD-10-CM, from 2014-present edition. A 2018 or 2019 edition is not necessary.

Meets: Tuesdays, 7:00pm-9:00pm

Starts: October 6 for 8 sessions

Fee: \$250

ADVANCED ICD-10/CPT CODING

This course is geared toward the newer coder in the medical coding industry who would like to sharpen their skills. Basic ICD-10/CPT coding is recommended in order to register for this course. This class will offer coding drills and exercises, as well as up-to-date information emerging from the medical coding field. This course can be used as a springboard to prepare for national coding certifications. There will also be an introduction to HCPCS coding. Please bring a notebook.

Book required: ICD-10 and CPT Coding books from 2011-present edition. A 2018 or 2019 edition is not necessary.

Meets: Tuesdays, 7:00pm-9:00pm

Starts: January 5, 2027 for 4 sessions

Fee: \$150

CURRENT PROCEDURAL TERMINOLOGY CODING

This course is designed to have the student become familiar with the procedure coding book and be confident in choosing the correct code to represent the service performed by the physician. The procedure code must complement the diagnosis code in order for a medical bill to be paid

correctly. This course will make the CPT coding book

user-friendly so students will be able to identify: Evaluation and Management codes, Surgery codes, Radiology and Pathology codes, Medicine codes, as well as modifiers.

Book required: Current Procedural Terminology Coding book (any year from 2000 on).

Meets: Mondays, 7:00pm-9:00pm

Starts: November 2 for 4 sessions

Fee: \$150

SMALL BUSINESS ACCOUNTING AND RECORD KEEPING

This course focuses on instruction in standard bookkeeping procedures and small professional, service merchandising and retail sole proprietorships. Emphasis is given to journals, posting, preparation of a trial balance and financial statement, and procedures for handling petty cash, bank deposits, withdrawals and payroll.

Book required: Small Business Accounting, Lita Epstein with Susan Myers/Wiley, ISBN: 978-0-470-19863-6. *Book is only a reference, as not all chapters will be covered.*

Meets: Friday, 6:30pm-8:30pm

Starts: October 2 for 8 sessions

Fee: \$250

COMPUTER WORKSHOPS

COMPUTERS FOR BEGINNERS

This hands-on course is designed to present the key hardware components of microcomputers, as well as the programs designed to control them. Software such as Windows, MS Word, Excel, and Internet will be covered. **ONE-DAY WORKSHOP.** Bring lunch.

Meets: Saturday, September 26, 10:00am-4:00pm

Fee: \$150

MICROSOFT WINDOWS 11 INTRODUCTION

In this course you will be shown how to use Microsoft Windows 11. Topics will include basic functions such as copying and pasting, creating, renaming, managing files and folders, and desktop icons. We will also be looking into the Microsoft Windows 11 built-in apps and learn how to use them.

ONE-DAY WORKSHOP. Bring lunch.

Meets: Saturday, October 3, 10:00am-4:00pm

Fee: \$150

AUTOCAD INTRODUCTORY LEVEL

A course designed for those with no AutoCAD experience. This seminar is designed to acquaint the beginner with AutoCAD as a tool to create working drawings. Topics will include the following: the AutoCAD menu structure, file creation, formatting, using object snaps, draw commands including lines, arcs, rectangles, polygon, and hatching. Modifying commands including erase, copy, move, offset, trim, extend, stretch, mirror, array, fillet and scaling, drawing and modifying text, and dimensioning will be covered. Creation of blocks and templates, use of symbol libraries including furniture, windows and doors, concepts of model space and paper space are explored, as well as plotting drawings.

Meets: Saturday, 2:00pm-5:00pm

Starts: October 3 for 7 sessions

Fee: \$325

INTRODUCTION TO MICROSOFT OUTLOOK

Basic knowledge of Windows recommended. Professionals stand to gain by knowing how to maximize the potential of their office communications with Microsoft Outlook. Learn how to connect to Outlook for the first time, send, receive and store emails, update and organize your contacts, handle calendars, address books for storing contacts, task reminder features, and the journal. Connecting social media and favorite website updates to Outlook will also be discussed. This **ONE-DAY WORKSHOP** is a part lecture, part hands-on class.

Meets: Sunday, October 18, 10:00am-1:00pm

Fee: \$75

HOW TO USE THE CLOUD

This workshop will teach you what, why and how to use the Cloud storage on the Internet for personal use. You will learn how to store and access your photos, music, and documents through your computer, smartphone, and tablet devices. Also, we will discuss how to find free and paid Cloud storage sites on the Internet. This workshop is a LECTURE ONLY class. **ONE DAY WORKSHOP.**

Meets: Saturday, October 10, 10:00am-1:00pm

Fee: \$75

INTRODUCTION TO GOOGLE SUITE

This workshop will teach you the basics in using Google Drive, Google Docs (word processing), Google Sheets (spreadsheets), and Google Slides (presentation). Basics fundamental topics covered are file/folder handling, creating/editing/formatting, tables, formulas and functions, charts, creating electronic slideshows, and simple collaboration. **ONE DAY WORKSHOP.**

Meets: Saturday, October 24, 10:00am-4:00pm

Fee: \$150

COMPUTER AND IDENTITY SECURITY

This class meets online via ZOOM.

This course will teach the basics of keeping your computer and personal information safe while you enjoy the benefits of the Internet. Some of the highlights are computer security, anti-virus software, anti-malware software, what is a VPN, what is a firewall, how to hide your computer from hackers, how to handle SPAM emails, using software to manage user IDs and passwords, how to use your Windows backup tool (applies to all versions of Windows, i.e., Windows 8.1, 10, & 11), and securing personal information across users' devices. **ONE DAY WORKSHOP.**

Meets: Sunday, October 25, 10:00am-1:00pm

Fee: \$75

IPHONE 101

In this course you will learn how to efficiently operate on iPhone by using the default applications and hidden tools and features. Topics will include sending and receiving text messages, picture messages, emails, navigating the internet, managing an address book, creating notes, taking pictures, utilizing the calendar, and using an alarm clock. iPhone required with charging cable. **ONE DAY WORKSHOP.**

Meets: Saturday, November 7, 10:00am-1:00pm

Fee: \$75

CUTTING THE CABLE CORD

This class meets online via ZOOM.

Ever thought about dropping your expensive bundle of cable/satellite television services? With a high-speed Internet service and right combination of television/hardware devices, you may be able to save money by switching to using the myriad of streaming services available today. Depending on your viewing habits and channels that you cannot live without, you may be able to save considerable money on your television services. This course will go through your options and research required to help make your decision to cut the cord. **ONE DAY WORKSHOP.**

Meets: Sunday, November 15, 10:00am-12:00pm

Fee: \$60

HOW TO DECLUTTER YOUR DIGITAL LIFE

This workshop will teach you how to transfer your photos, videos, and music files from your mobile devices and digital camera to your computer and how to scan your documents and pictures to your computer. You will learn how to organize and backup these files using different storage media devices. This course will also cover how to manage your overflowing e-mails (g-mail and yahoo). We will also cover how to securely manage your numerous Internet accounts and passwords and how to encrypt your important files. This workshop is lecture only! **ONE DAY WORKSHOP.** Bring lunch.

Meets: Saturday, November 21, 10:00am-4:00pm

Fee: \$150

HOW TO BUY AND SELL ONLINE

Dive into the dynamic world of e-commerce with our engaging three-hour workshop! This workshop aims to give participants a comprehensive understanding of the fundamentals of buying and selling online from home. From setting up online items to understanding e-commerce platforms (starting with eBay and Craigslist) and online transaction practices, participants will be equipped with practical skills to navigate the online marketplace. **ONE DAY WORKSHOP.**

Meets: Friday, December 4, 6:30pm-8:30pm

Fee: \$75

AI TOOLS FOR EVERYONE

Have you ever wondered how AI might fit into your life or business? Whether you're curious or looking for ways to innovate, this workshop is designed for you. We'll demystify powerful AI tools like ChatGPT, DALL-E, and Midjourney, making them accessible and relatable. Learn how ChatGPT can streamline communications, how DALL-E crafts unique visuals, and the diverse applications of Midjourney. From enhancing personal tasks to boosting business productivity, we'll cover the basics and the potential. Experience first-hand the magic of AI, tailored for both beginners and business-minded individuals, as we look towards a smarter, AI-enhanced future. This is a lecture demo class only.

ONE DAY WORKSHOP. Bring lunch.

Meets: Saturday, December 5, 10:00am-4:00pm

Fee: \$150

MICROSOFT WORKSHOPS

MICROSOFT EXCEL: INTRODUCTION

Knowledge of Microsoft Windows recommended.

This workshop teaches you the basics of one of the most popular spreadsheet packages for Windows. Topics include examining the Excel Windows screen, creating and editing a spreadsheet, enhancing and formatting the spreadsheet, basic formulas and functions, saving and printing a spreadsheet, and charting basics. **ONE-DAY WORKSHOP.** Bring lunch.

Section A1 Meets: Saturday, October 3, 10:00am-4:00pm

Fee: \$150

Section A2 Meets: Saturday, November 7, 10:00am-4:00pm

Fee: \$150

MICROSOFT EXCEL: INTERMEDIATE

Knowledge of Introduction Microsoft Excel (CE9 099) recommended.

Topics focus on review of conditional functions to process information, utilize data and conditional formatting to identify trends in data sets based on defined rules. Various examples will be used. PivotTables for report creation, charts to visualize data, and conditional formatting to identify trends in data sets based on user-defined rules. Various data sets will be used. **ONE-DAY WORKSHOP.** Bring lunch.

Section A1 Meets: Saturday, October 24, 10:00am-4:00pm

Fee: \$150

Section A2 Meets: Saturday, November 21, 10:00am-4:00pm

Fee: \$150

MICROSOFT EXCEL: ADVANCED

Knowledge of Intermediate Microsoft Excel (CE9 138) recommended.

Topics cover the match and retrieve "vlookup" function, name ranges to label and access data sets, macros to automate steps, and nested "IF" functions to leverage more complex function usage. Various examples and data sets will be used. **ONE-DAY WORKSHOP.** Bring lunch.

Meets: Saturday, December 12, 10:00am-4:00pm

Fee: \$150

FORMULAS AND CHARTS IN EXCEL

Participants should have some knowledge of MS Excel. Includes an overview of Microsoft Excel, and a quick review of creating and saving a workbook. Learn how to create simple formulas in Excel such as sum, maximum, minimum, average, and count. Also create and edit charts such as column, bar and pie, how to add labels to a pie chart, and how to place a chart on a separate worksheet.

ONE DAY WORKSHOP.

Meets: Tuesday, October 6, 6:30pm-9:30pm

Fee: \$75

FORMULAS AND CHARTS IN EXCEL II

Participants should have knowledge of Microsoft Excel or have taken Formulas and Charts I (CE9 572). Create more advanced formulas in Excel, including the 'If' function, applying absolute referencing to cells that will remain constant, grouping worksheets together, creating formulas for all grouped worksheets, and creating and filtering data lists. Creating and editing charts and linking Microsoft Excel to other Microsoft applications will also be discussed. **ONE-DAY WORKSHOP.**

Meets: Tuesday, October 13, 6:30pm-9:30pm

Fee: \$75

MICROSOFT WORD: INTRODUCTION

Knowledge of Microsoft Windows recommended. This workshop course teaches the basics of one of the most popular word processing packages for Windows. Topics include creating, editing and formatting, saving and printing documents, creating basic tables, and using various features such as spell/grammar check, AutoCorrect, ClipArt, and WordArt. **ONE-DAY WORKSHOP.** Bring lunch.

Meets: Saturday, October 17, 10:00am-4:00pm

Fee: \$150

MICROSOFT WORD: INTERMEDIATE

Knowledge of Introductory Microsoft Word recommended.

This workshop will allow you to build on the skills gained in the Introduction to Microsoft Word course. Topics will include inserting tabs, headers and footers, tables, borders, columns, working with multiple documents, creating, editing, and printing a mail merge.

ONE DAY WORKSHOP. Bring lunch.

Meets: Saturday, October 31, 10:00am-4:00pm

Fee: \$150

MICROSOFT POWERPOINT

Knowledge of Microsoft Windows recommended.

This workshop will help you create effective electronic presentations using Microsoft PowerPoint for Windows. Topics include creating electronic slide shows in slide and online views, templates, color design schemes with special effects, inserting charts, tables, clip-art, sound, video, pictures, and printing. Presentation tips/techniques and utilizing technology to enhance your presentations will also be discussed. **ONE-DAY WORKSHOP.** Bring lunch.

Meets: Saturday, November 14, 10:00am-4:00pm

Fee: \$150

CREATIVE WRITING

POETRY WORKSHOP

Poetry is a creative art that allows us to share our life with others. All writers can benefit from the practice of poetry. Through in-class writing exercises designed to generate ideas and develop drafts, students will write the poems that will later be shared with the group for critique and encouragement. Literary publications and submission process will also be discussed.

Meets: Thursdays, 6:00pm-8:00pm

Starts: October 8 for 6 sessions

Fee: \$200

WRITERS WRITE

This workshop is for those with the desire to put pen to paper! Together we will spark your literary talents and inclinations to discover who you are as a writer. Whether you have never written a thing in your life or need a push to start that novel, this course will be beneficial. Besides having an amazing time, there is only one guarantee: you're going to write (because that's what writers do)!

Meets: Thursdays, 8:05pm-10:05pm

Starts: October 8 for 6 sessions

Fee: \$200

EXERCISE AND SPORTS

TAI CHI FOR HEALTH

Tai Chi is an ancient Chinese art often described as 'Meditation in Motion.' This activity takes you through a set of slow, gentle movements with proven physical and psychological benefits. We will be studying the Chen style of Tai Chi, which is the oldest school of the art. Our goal will be to strengthen our body, increase circulation and oxygen flow, as well as improve flexibility, balance and overall physical and psychological health. Please wear loose workout attire.

Meets: Thursdays, 7:00pm-8:30pm

Starts: November 5 for 8 sessions

Fee: \$200

For all courses taught in Nassau Community College pools, please note the following:

- Access to the swimming pool is gained through the respective men's/women's locker rooms in the lower level of the P (Physical Education) Building.
 - **ONLY OFFICIALLY REGISTERED INDIVIDUALS ARE PERMITTED IN THE POOL AREA.** All others will be escorted from the area by a Public Safety officer for their own safety.
 - No personal items should be left on the pool deck. Please leave personal belongs in your vehicle or bring a lock to use the available lockers in the locker rooms.
-

BASIC SWIMMING

This course is designed for non-swimming adults, adults with minimal swimming skills and those who are afraid of the water. This course is taught in a four-foot deep pool with uniform depth and no deep end.

Section A1 Meets: Saturdays, 9:00am-10:00am

Starts: October 3 for 6 sessions

Fee: \$200

Section A2 Meets: Saturdays, 10:00am-11:10am

Starts: October 3 for 6 sessions

Fee: \$200

Section A3 Meets: Saturdays, 11:20am-12:20pm

Starts: October 3 for 6 sessions

Fee: \$200

BASIC SWIMMING II

This course is a continuation of Basic Swimming (CE9 801). Non-swimming adults, adults with minimal swimming skills, and those who are afraid of the water will continue to build on the skills they learned in Basic Swimming. This course is taught in a four-foot deep pool with uniform depth and no deep end.

Section A1 Meets: Saturdays, 9:00am-10:00am

Starts: October 3 for 6 sessions

Fee: \$200

Section A2 Meets: Saturdays, 10:10am-11:10am

Starts: October 3 for 6 sessions

Fee: \$200

Section A3 Meets: Saturdays, 11:20am-12:20pm

Starts: October 3 for 6 sessions

Fee: \$200

INTERMEDIATE SWIMMING

This is a more advanced level of instruction with emphasis on form, endurance and the development of additional strokes. Students should be able to swim two laps of the pool (50 yards).

Meets: Saturday, 12:30pm-1:30pm

Starts: October 3 for 6 sessions

Fee: \$200

SWIMMERCISE

Increase your cardiovascular endurance, improve your flexibility and range of motion. This program is excellent for those individuals recovering from an injury, physical limitations, or those new to water exercise. All the benefits of water resistance combined with a full body workout. No swimming skills are needed since the course is taught in a four-foot deep pool.

Meets: Saturdays, 9:00am-10:00am

Starts: October 3 for 6 sessions

Fee: \$200

DEEP WATER FITNESS

Take the pressure off your joints and use the buoyancy of water in the diver's pool to challenge yourself to a workout like no other! A full body workout, with aqua-jogging, strength training, core and more! Equipment provided and swimming experience not needed. All levels welcome.

Section A1 Meets: Saturdays, 10:10am-11:10am

Starts: October 3 for 6 sessions

Fee: \$200

Section A2 Meets: Saturdays, 11:20am-12:20pm

Starts: October 3 for 6 sessions

Fee: \$200

FIRST AID/CPR

HEARTSAVER CPR/AED – ADULT, CHILD, INFANT

The American Heart Association course is aimed at non-professionals (e.g., personal trainers, coaches, camp counselors) who require a credential certifying their skills in adult, child, and infant CPR, relief of obstructed airway, and use of an Automated External Defibrillator (AED). A demonstration of appropriate skills is required for successful course completion.

ONE DAY WORKSHOP.

Materials Fee: A \$30 fee for the required manual and Heart Association certification will be collected at the start of the class. No fee for those not pursuing certification.

Meets: Saturday, October 3, 9:30am-1:00pm

Fee: \$100

PEDIATRIC FIRST AID

This Heart Association course teaches child-care providers such as nursery and professional day care providers, parents and grandparents how to respond and manage illness and injuries until emergency medical professionals arrive. The course includes: finding the problem, stopping bleeding, bandaging, epinephrine injection, heat and cold emergencies, and poisoning.

Materials Fee: A \$30 fee will be collected at the start of the class for those wishing an American Heart Association First Aid or CPR card. No fee for those NOT pursuing card.

* In order to successfully complete CPR courses leading to certification, students must demonstrate adequate CPR skills while kneeling on the floor. If you are currently unable to perform these skills, it is recommended that you postpone such training to a later date. **ONE DAY WORKSHOP.**

Meets: Saturday, October 24, 9:30am-1:30pm

Fee: \$100

PET CARE

AMERICAN RED CROSS PET FIRST AID: DOGS

This course covers first aid procedures such as treatment of burns, fractures, heat stroke, bandaging and cleaning wounds on your pet dog. CPR and rescue breathing techniques, as well as relief of choking, are taught and practiced on mannequins. Animal first aid kits, as well as emergency travel kits will be shown and discussed. Do not bring dogs to class. **ONE DAY WORKSHOP.**

Meets: Saturday, October 10, 9:30am-1:00pm

Fee: \$95

PERSONAL INTEREST

PARAPSYCHOLOGY 101

This course presents scientific approaches to psychic abilities. Have you always wanted to know more about paranormal experiences? First, we will discuss this fascinating topic in terms of the latest scientific research and theories. In subsequent meetings, we will do mini-experiments, with suggestions for exploring the phenomena further. In our final session, we will cover some multi-disciplinary questions that arise when studying parapsychology and the answers given by contemporary researchers.

Meets: Tuesdays, 5:30pm-7:00pm

Starts: September 8 for 4 sessions

Fee: \$130

CELESTIAL NAVIGATION

Learn the history of navigation and the use of the sextant with real life problems. All charts, forms and tables will be provided. The last class will be held at the beach where students will take a sun shot with a sextant and plot their position. This class is for those who want to learn about history of non-instrument as well as the use of the sextant.

Meets: Saturdays, 9:00am-11:00am

Starts: September 19 for 5 sessions

Fee: \$150

YIDDISH LITERATURE FAMILY RELATIONSHIPS

You don't need to know Yiddish to enjoy this course! We'll start with the two daughters left out of Fiddler on the Roof and examine excerpts from Sons and Daughters, Chaim Grade's recently translated novel about Jewish life in 1930s Europe. Isaac Bashevis Singer and some contemporary writers also have a lot to say about family relationships affected by both external and internal factors.

Meets: Tuesdays, 5:30pm-7:00pm

Starts: October 6 for 5 sessions

Fee: \$130

KNIFE SKILLS FOR THE HOME CHEF

Budding home chefs will learn the essentials of knife handling. Learn what knives are best suited for cooking and butchering and how to properly hold the knife while practicing safety. Students will be instructed on safest ways to chop, dice, julienne, and slice, and learn why these unique cuts of your foods can add or take away from the appearance of your finished dishes. Knife sharpening and the importance of sharp knives will be discussed. Whether you are planning home events or a large family get together, knife skills are essential. This workshop will help alleviate any apprehension you may feel while guiding you to a safer, more efficient kitchen. Students should bring knives used at home with cutting board, towel, and apron. Students will be asked to bring food items the second and third class.

Meets: Thursdays, 7:00pm-9:00pm

Starts: October 1 for 3 sessions

Fee: \$150

EXPLORE THE WORLD OF ACTING

Students will learn the basics of acting using sensory work, improvisation, relaxation exercises, and scene work. Students will be assigned a scene with a partner. After rehearsing they will present it as a 'staged reading' with movement, props, and costumes. No memorization is required, just a love of theater.

Meets: Tuesdays, 6:00pm-8:00pm

Starts: October 6 for 6 sessions

Fee: \$200

WAYS TO CONNECT TO SPIRIT

In this course you will have the opportunity to understand the origins of Reiki and receive its healing benefits. You will also learn and experience other healing modalities such as: Qigong, Light Language, experiential meditations, introduction to your galactic origins, and learning how to connect to your spirit guides. Whether you are a certified energy healer or you simply wish to increase your spiritual awareness, this course will open doorways to that area of thought. Integrating heart and mind consciousness to then merge into your daily lives or your healing practice are the gifts you will receive after completion.

Meets: Wednesdays, 7:00pm-9:00pm

Starts: October 7 for 6 sessions

Fee: \$200

AWAKENING CONSCIOUSNESS

A Spiritual Journey Through Earth's Ascension. This course offers students an experiential exploration of consciousness, spiritual awakening, ascension, cosmic cycles, soul origins, and humanity's evolving role during this time of collective change. Each two-hour class would combine lecture, discussion, guided meditation, and reflective exercises, creating a thoughtful and engaging format similar in spirit to Ways to Connect to Spirit, while offering students a deeper dive into metaphysical themes related to personal and planetary awakening. This course would be a meaningful addition for students interested in spirituality, consciousness studies, and personal growth.

Meets: Mondays, 7:00pm-9:00pm

Starts: November 16 for 6 sessions **Fee: \$200**

PHOTOGRAPHY

THE ART OF PHOTOGRAPHY

This course will help you to transform your snapshots into memorable photographs. Focus will be placed on camera handling, composition, framing, and lighting. This course is suitable for students with a 'point and shoot' camera and 35mm auto/manual SLR camera. We will simplify the technology and concentrate on the art of photography. Students should have pictures available.

Meets: Wednesdays, 7:00pm-9:00pm

Starts: October 7 for 6 sessions

Fee: \$200

INTRODUCTION TO PORTRAIT PHOTOGRAPHY

This course will demonstrate basic portrait lighting techniques. Students will explore DIY lighting and will be introduced to more professional lighting equipment. Learn how to set up your own studio with limited space, equipment and budget. Topics include basic lighting principles, hard vs. soft light, light modifiers, and mood setting techniques to enhance composition, and more. A film or digital camera and basic knowledge of camera settings is required for this class.

Meets: Thursdays, 7:00pm-9:00pm

Starts: October 8 for 6 sessions

Fee: \$200

REAL ESTATE

REAL ESTATE SALESPERSON QUALIFYING COURSE

The Real Estate Salesperson Qualifying Course is a 77-hour course plus examination. The course is designed to introduce the student to the field of real estate. It is a New York State approved course. The following are the required topics of study for real estate licensure as a real estate salesperson: licensing law, law of agency, estates and interest in land, real estate instruments (includes contracts, leases, and deeds), real estate financing, land use regulations, introduction to construction, valuation, human rights and fair housing laws, real estate math, independent contractor/employee status, environmental issues, contract preparation, predatory lending, pricing properties, municipal agencies, property insurance, license safety, taxes and assessments, condominiums and cooperatives, commercial and invested properties, income tax issues in real estate transactions, mortgage brokerage, and property management.

FINAL EXAM ON CAMPUS AS REQUIRED BY NEW YORK STATE.

Book required for first day of class: Modern Real Estate Practices in New York for Salespersons, 14th edition by Sam Irlander.

Section R1 Meets online via ZOOM: Mondays and Wednesdays on the following dates:

September 9, 14, 16, 23, 28, 30; October 5, 7, 14, 19, 21, 26, 28;

November 2, 4, 9, 16, 18, 23, 30; December 2.

Final Exam: December 9 (On Campus)

Fee: \$575

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FINAL EXAM ON CAMPUS AS REQUIRED BY NEW YORK STATE.

Book required for first day of class: Modern Real Estate Practices in New York for Salespersons, 14th edition by Sam Irlander.

Section A2 Meets ON-CAMPUS: Mondays and Wednesdays on the following dates:

September 28, 30; October 5, 7, 12, 14, 19, 21, 26, 28;

November 2, 4, 9, 16, 18, 23, 30; Dec 2, 7, 9, 14

Final Exam: December 16 (On Campus)

Fee: \$575

SELL YOUR HOME ON YOUR OWN

Want to save a real estate commission? Learn the secrets of the pros! This workshop will teach you how to handle the myriad details from pricing to closing. You will learn how to handle the potential pitfalls. Topics include pricing, preparing the house for sale, marketing, holding a successful open house, objection handling, buyer qualifications, safety, and much more. Bring all your questions.

ONE DAY WORKSHOP. This course Meets: via ZOOM.

Meets: Tuesday, September 22, 6:30pm-9:30pm

Fee: \$60

FIRST TIME HOME BUYER

Demystify the home purchase process. Topics include: getting started, the importance of FICO scores and your credit report, who does the real estate salesperson really protect, the truth about home inspection, what type of mortgage is best for you, selecting the right attorney, contract nuances, and other topics. The class will end with a Q and A period, so bring all questions. This course Meets: via ZOOM. ONE DAY WORKSHOP.

Meets: Tuesday, September 29, 6:30pm-9:30pm

Fee: \$60

RETIREMENT PLANNING

BACK TO INVESTMENT BASICS

It is all too common nowadays for investment brokers and investment advisors to position their clients' investment money in mutual funds, ETFs or other vehicles that are aggregated together with a multitude of other investors. For the most part, advisors and investment brokers have been utilizing funds or similar vehicles rather than choosing individual securities as a growing trend for decades. Learn the "basics" on how to oversee the management of your portfolio! **ONE DAY WORKSHOP.**

ONE DAY WORKSHOP.

Meets: Tuesday, October 6, 7:00pm-9:00pm

Fee: \$50

ABCs AND DS OF MEDICARE

Understanding Medicare doesn't need to be your full time job. Medicare can be complicated; enrollment errors can be costly and may follow you for years. This informative session will educate you about the component parts of Medicare, including hospitalization, outpatient services, and drug coverage. Learn about enrollment periods and how to transition from employer coverage to Medicare. Discover the differences between Original Medicare, Medicare Advantage, and Medicare Supplement plans. In addition, we will explore programs for people with limited income and resources.

ONE DAY WORKSHOP.

Meets: Tuesday, October 13, 7:00pm-9:00pm

Fee: \$50