

### PERSONAL INTEREST

Participation in Zoom workshops requires the use of a device with Zoom audio/video conferencing capability.  
For questions regarding computer access, please email [ced@ncc.edu](mailto:ced@ncc.edu)



#### DANCING WITH THE ORISHAS

This workshop will introduce participants to the intricate world of Afro-Cuban beliefs and practices; a mixture of African, European, and to a minor extent, native and Chinese traditions. The instructor will focus on richness, complexity, and the intersectionality of their histories by highlighting their emergence and the significant role they have played within Cuban society as cultural, social, and even political brokers.

#### ONE-DAY WORKSHOP.

**Instructor:** Dr. Leonardo Falcón

**CE9 820 A1 ON-CAMPUS COURSE** Meets: Tuesday, August 27, 6:30pm-9:00pm.

**Fee: \$50**

#### EXPLORE THE WORLD OF ACTING

Students will learn the basics of acting using sensory work, improvisation, relaxation exercises, and scene work. Students will be assigned a scene with a partner. After rehearsing, they will present it as a "staged reading" with movement, props, and costumes. No memorization is required, just a love of theater.

**Instructor:** Gregory Cioffi

**CE9 617 A1 ON-CAMPUS COURSE** Meets: Tuesday, 6:00pm-8:00pm for 6 sessions.

**Starts October 1**

**Fee: \$200**

#### POETRY WORKSHOP

Poetry is a creative art that allows us to share our life with others. All writers can benefit from the practice of poetry. Through inclass writing exercises designed to generate ideas and develop drafts, students will write the poems that will later be shared with the group for critique and encouragement. Literary publications and submission process will also be discussed.

**Instructor:** Gregory Cioffi

**CE9 432 A1 ON-CAMPUS COURSE** Meets: Monday, 6:00pm-8:00pm for 6 sessions.

**Starts October 7**

**Fee: \$200**

#### WRITERS WRITE

This workshop is for those with the desire to put pen to paper! Together we will spark your literary talents and inclinations to discover who you are as a writer. Whether you have never written a thing in your life or need a push to start that novel, this course will be beneficial. Besides having an amazing time, there's only one guarantee: you're going to write (because that's what writers do)!

**Instructor:** Gregory Cioffi

**CE9 692 A1 ON-CAMPUS COURSE** Meets: Monday, 8:00pm-10:00pm for 6 sessions.

**Starts October 7**

**Fee: \$200**



#### HOW TO WRITE A STAND-UP COMEDY ACT

This is a SYNCHRONOUS CLASS (ZOOM).

How do comedians come up with ideas? It all starts with finding the funny in your life and turning it into material. Learn how to recognize a premise,

extract the humor and hone it into a stand-up act or funny story. We study comedians and styles and work on your unique voice in a fun and supportive class. This is for people who want to go out and try performing or just want to learn how to write with wit and humor. No preparation or experience necessary.

**Instructor:** Sheila Wenz

**CE9 821 R1 SYNCHRONOUS ONLINE (ZOOM) COURSE** Meets: Thursday, 6:00pm-8:00pm for 5 sessions.

**Starts October 10**

**Fee: \$200**



#### YIDDISH LITERATURE IN TRANSLATION: GHOSTS, DEMONS, DYBBUKS, AND GILGULS

The course is about Jewish life in Europe and America, examined through translations of fiction, poetry, memoir drama, and song. This fall, we'll examine some

traditional Jewish views of the supernatural. You don't need to know Yiddish to enjoy its literature, rich in culture and history. Just bring your questions, ideas, and interests. Students who took the course previously will discover new material. Students who took it previously will discover new material.

**Instructor:** Sally Ann Drucker

**CE9 829 A1 ON-CAMPUS COURSE** Meets: Tuesday, 5:30pm-7:00pm for 5 sessions.

**Starts September 10**

**Fee: \$100**

#### INTRODUCTION TO LEARNING THE GUITAR

Whether you're looking to brush up on the basics or kick-start a new hobby, this course is the one for you. Working at your own pace, and under the instruction of a professional musician and music educator, you will learn such skills as reading music, basic chords, fingerpicking, and simple blues techniques. Start playing songs by the end of your first lesson. No experience necessary.

**Book required:** Alfred's Basic Guitar Method Book I.

**Instructor:** Thomas Rizzuto

**CE9 493 A1 ON-CAMPUS COURSE** Meets: Wednesday, 6:30pm-8:00pm for 10 sessions.

**Starts September 25**

**Fee: \$200**



#### SUCCESS FOR LIFE

Great opportunities are often produced as a by-product of hard work, convenient timing, and most importantly, selling yourself for being a great fit, known as the "it" factor. Developing social skills and enhancing emotional intelligence is a double-edged sword for

success in relationships with friends, colleagues, employers, or partners. This seminar is intended to discuss in depth how understanding human psychology as well as cultivating excellent personal skills increases the likelihood of success in all aspects of life.

#### ONE-DAY WORKSHOP.

**Instructor:** Joseph Ryan Virga

**CE9 809 A1 ON-CAMPUS COURSE** Meets: Saturday, October 5, 10:00am-1:00pm.

**Fee: \$60**

#### PARAPSYCHOLOGY 101: A SCIENTIFIC APPROACH TO PSYCHIC ABILITIES

Have you always wanted to know more about paranormal experiences? At our first meeting, we'll discuss this fascinating topic in terms of the latest scientific research and theories. At our second, we'll do several mini-experiments with suggestions for exploring parapsychological phenomena further. **Instructor:** Dr. Sally Ann Drucker is on the Rhine Research Center Board of Directors and a member of the Parapsychological Association

**CE9 795 A1 ON-CAMPUS COURSE** Meets: Tuesday, 5:30pm-7:00pm for 4 sessions.

**Starts October 15**

**Fee: \$120**



#### HOLIDAY WINES

Get into the holiday spirit by indulging in an adventurous wine-tasting experience! Engage in this unique wine course specially designed to pair with your holiday feast, featuring delicious and inexpensive holiday wine alternatives. Please bring two tasting glasses to class. Participants

must be 21 years of age or older to register for this course. **LIGHT SNACKS ARE**

**WELCOME AND ENCOURAGED FOR CLASS.**

#### ONEDAY WORKSHOP.

**Instructor:** Carol Lopicich

**CE9 806 A1 ON-CAMPUS COURSE** Meets: Thursday, November 7, 7:00pm-9:00pm.

**Fee: \$100**



#### KNIFE SKILLS FOR THE HOME CHEF

Budding home chefs will learn the essentials of knife handling. Learn what knives are best suited for cooking and butchering and how to properly hold the knife while practicing safety. Students will be instructed on the safest ways to chop, dice, julienne, and slice and learn why these

unique cuts of your foods can add or take away from the appearance of your finished dishes. Knife sharpening, and the importance of sharp knives will be discussed. Whether you are planning home events or a large family get together, knife skills are essential. This workshop will help alleviate any apprehension you may feel, while guiding you to a safer, more efficient kitchen. Students should bring knives used at home along with cutting board, towel, and apron. Students will be asked to bring food items to 2nd and 3rd class.

**Instructor:** Michael Sheehan

**CE9 810 A1 ON-CAMPUS COURSE** Meets: Thursday, 7:00pm-9:00pm for 3 sessions.

**Starts October 10**

**Fee: \$150**

#### CELESTIAL NAVIGATION

Learn the history of navigation and the use of the sextant with real life problems. All charts, forms and tables will be provided. The last class will be held at the beach where students will take a sun shot with a sextant and plot their position. This class is for those who want to learn about the history of non-instrument as well as the use of the sextant.

**Instructor:** Douglas Sheer

**CE9 896 A1 ON-CAMPUS COURSE** Meets: Saturday, 9:00am-11:00am for 5 sessions.

**Starts September 28**

**Fee: \$150**



#### BUDGETING - CHANGE YOUR THINKING, CHANGE YOUR LIFE!

It's all about finances! Find out why the word "budget" is your friend and not a 6-letter curse word! It can change your life for the better so you control your financial life and it doesn't control you! Please bring a pen or pencil and a calculator or have a calculator app on your phone.

#### ONE-DAY WORKSHOP.

**Instructor:** Ellen Smiley

**CE9 824 A1 ON-CAMPUS COURSE** Meets: Tuesday, January 7, 7:00pm-9:00pm.

**Fee: \$40**



#### PAY DOWN/ELIMINATE DEBT - CHANGE YOUR THINKING, CHANGE YOUR LIFE!

It's all about finances. Discover the ways you can pay down your debt and eliminate it so that you can control your financial life and it doesn't control you! Find the places you have hidden "passive income" and use it to eliminate your debt. As Benjamin Franklin said, "Think what you do when you run in debt; you give another power over your liberty".

**Please bring a pen or pencil and a calculator and a calculator or have a calculator app on your phone.**

#### ONE-DAY WORKSHOP.

**Instructor:** Ellen Smiley

**CE9 825 A1 ON-CAMPUS COURSE** Meets: Tuesday, January 14, 7:00pm-9:00pm.

**Fee: \$40**



#### MANAGING YOUR CREDIT - CHANGE YOUR THINKING, CHANGE YOUR LIFE

Control your financial future, don't let your finances control your life! Find out how your credit score determines your options in life. What is a great credit score? Why is it important? How can I get a great one and what difference will it make to me and my family?

**Please bring a pen or pencil and a calculator or have a calculator app on your phone.**

#### ONE-DAY WORKSHOP.

**Instructor:** Ellen Smiley

**CE9 826 A1 ON-CAMPUS COURSE** Meets: Tuesday, January 28, 7:00pm-9:00pm.

**Fee: \$40**



#### THE POWER OF THE INTERACTIVE READ ALOUD

In this series, parents and caregivers will be exposed to diverse, high interest, and high quality picture books and learn ways to read with their child in a meaningful way. Parents will learn strategies to help build comprehension and foster independence in the process. **Please do not**

**bring children to class.** Target Student: Grades 1-5

**Requested Materials:** Library card (helpful but not required), composition notebook or spiral notebook (1), post-its, pocket folder (1), writing instrument (pencil/pen) (1).

**Instructor:** Sydney Joshua

**CE9 816 A1 ON-CAMPUS COURSE** Meets: Thursday, 6:30pm-8:30pm for 5 sessions.

**Starts September 19**

**Fee: \$150**



#### USING POETRY TO INSPIRE YOUR RELUCTANT READER

In this series, parents and caregivers will be exposed to poems of all types. They will learn, step by step, how to use poems at home to encourage engagement, increase motivation, and build comprehension for the reluctant reader. **Please do not bring children to class.** Target Student: Grades 1-5

**Requested Materials:** Composition notebook or spiral notebook (1), pocket folder (1), highlighter (1), writing instrument (pencil/pen) (1).

**Instructor:** Sydney Joshua

**CE9 817 A1 ON-CAMPUS COURSE** Meets: Saturday, 10:00am-12:00pm for 5 sessions.

**Starts October 5**

**Fee: \$150**



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